



The Great Race Overview

Lesson 1

Lesson Goal: The children will learn that we can and should be in constant prayer to God.

Bible Story: Nehemiah prays to God for help. (Nehemiah 1-2:8)

Main Point: I Will Keep On Praying!

Bible Verse: “Never stop praying.” 1 Thessalonians 5:17

Lesson 2

Lesson Goal: The children will learn that God has big plans for the world, and we each have a part to play in those plans. And we should faithfully work on our part of the plan.

Bible Story: Nehemiah and the people begin to rebuild the wall. (Nehemiah 2:11-3:32)

Main Point: I Will Keep On Doing My Part Of God’s Plan!

Bible Verse: “All of you together are Christ’s body, and each of you is a part of it.” 1 Corinthians 12:27

Lesson 3

Lesson Goal: The children will learn that we should use our words and actions to encourage people when they are bullied.

Bible Story: Enemies oppose Nehemiah and the people. (Nehemiah 4)

Main Point: I Will Keep On Encouraging Others When They Are Bullied!

Bible Verse: “So encourage each other and build each other up,” 1 Thessalonians 5:11a

Lesson 4

Lesson Goal: The children will learn that we should instruct other people to do what is right.

Bible Story: Nehemiah confronts the nobles and officials. (Nehemiah 5:1-13)

Main Point: I Will Keep On Telling Others To Do What Is Right!

Bible Verse: “You must teach these things and encourage the believers to do them. You have the authority to correct them when necessary, so don’t let anyone disregard what you say.” Titus 2:15

Lesson 5

Lesson Goal: The children will learn that we should be generous to others by sharing what we have and by giving to those in need.

Bible Story: Nehemiah is generous to the Israelites. (Nehemiah 5:14-19)

Main Point: I Will Keep On Being Generous!

Bible Verse: “Give generously to the poor, not grudgingly, for the Lord your God will bless you in everything you do.” Deuteronomy 15:10

Lesson 6

Lesson Goal: The children will learn that in order to do the right things in life, we need to focus and not get distracted.

Bible Story: Enemies try to distract and trick Nehemiah. (Nehemiah 6:1-16)

Main Point: I Will Keep Doing What Is Right And Not Get Distracted!

Bible Verse: "...let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run with endurance the race God has set before us." Hebrews 12:1b

Lesson 7

Lesson Goal: The children will learn that we should obey God. Doing so will help us to live the best life possible.

Bible Story: The wall of Jerusalem is completed and God's laws are read. (Nehemiah 8, 9:1-4, 10)

Main Point: I Will Keep On Obeying God!

Bible Verse: "If you obey my decrees and my regulations, you will find life through them. I am the LORD." Leviticus 18:5

Lesson 8

Lesson Goal: The children will learn that we should spend time every day worshiping God.

Bible Story: The people celebrate and worship God. (Nehemiah 12:27-47)

Main Point: I Will Keep On Worshiping God Every Day!

Bible Verse: "I will praise you every day; yes, I will praise you forever." Psalm 145:2